

## **Wellbeing and PSHE Education:** your one-stop solution for improving learning



- The most trusted wellbeing and PSHE programme for children aged 3-11 in the UK
- Combines unique, memorable lesson delivery with comprehensive online resources
- Evidence-based and Ofsted-aligned

## How Coram Life Education and SCARF support great learning

Brought to you by children's charity Coram Life Education, The Life Bus, LifeBox and SCARF provide schools with expert education programme delivery, and online and comprehensive wellbeing and Personal, Social, Health and Economic (PSHE) education resources, planning and assessment tools. This is why we are trusted by 1 in 8 UK schools.

We give you a whole-school approach to improving children's wellbeing and progress, based on the core values of safety, caring, achievement, resilience and friendship, and developed with the knowledge that improving children's health and wellbeing improves their academic attainment.

Taking place in our Life Bus or LifeBox, our unique, interactive sessions deepen children's engagement and increase their learning outcomes whilst being flexible around your schools' needs and budget.

*"Pupils with better health and wellbeing are likely to achieve better academically."*  
**Public Health England**

*"PSHE education can improve the physical and psychosocial wellbeing of pupils. A virtuous circle can be achieved, whereby pupils with better health and wellbeing achieve better academically"*  
**Department for Education**



## Why choose Coram Life Education and SCARF?

You should choose Coram Life Education and SCARF because wellbeing and emotional health issues impact on children's capacity to learn in your school. SCARF addresses personal development, behaviour and welfare while incorporating the principles of Growth Mindset and Five Ways to Wellbeing, to support great learning every day.

SCARF is evidence-based and designed to help schools meet safeguarding and Ofsted inspection requirements. It is also regularly evaluated by internal and external assessors against recommended learning objectives.

SCARF is engaging, interactive, and designed to stimulate children's imagination and curiosity through stories of Harold, the Giraffe puppet, and his friends Kiki and Derek – who children meet in the Life Bus and LifeBox. Parents take part through assemblies and specially-designed sessions.

SCARF can be tailored to your needs and budget. Our educators can work with you to create the best approach for your school. It is flexible, regularly updated and adaptable to each class's age, stage, and curriculum requirements, and you can use our online planning and assessment tool to plan your own programme.



# SCARF is

- A one-stop, comprehensive PSHE programme for ages 3-11 – also including Relationships Education, online safety and targeted programmes
- A flexible approach – we can help you design the right delivery for your school's needs at the right price
- Engaging and fun – featuring Harold the giraffe and friends, films, and songs
- More than a scheme of work – SCARF gives you over 250 regularly updated lesson plans, activities, teaching and learning films and lesson planning tools to help you assess progress and learning throughout the year
- Evidence based – designed by teachers for teachers and based around what works best for children
- Fully aligned with the National Curriculum (England) and Curriculum for Excellence (Scotland), promoting children's spiritual, moral, social and cultural development
- Designed to support Ofsted and safeguarding requirements
- Also designed with parents in mind, engaging them alongside children
- A solution for all teachers to give them the confidence to deliver wellbeing and the PSHE curriculum and put children at the centre of learning

*"This is just what I have been looking for – we've struggled to find anything suitable until I saw this."*

**Teacher using SCARF**

## Some of our targeted teaching modules

The SCARF curriculum is complemented by a set of high quality, free stand-alone modules that can be used to target a particular concern, or to add depth.

### **bCyberwise: staying safe online**

Promote positive online citizenship and teach children how to be respectful and safe online with these innovative and needs-led resources. bCyberwise covers National Curriculum Key Stage 2 and Scottish Curriculum for Excellence requirements on internet safety.



### ***Relationships Education: promoting emotional wellbeing***

This programme incorporates puberty lessons and helps schools meet their SMSC development, safeguarding, and emotional wellbeing requirements. It can be delivered as part of PSHE or science lessons, either by CLE educators or by teachers using SCARF online lesson plans and resources.

### ***Captain Coram Citizenship Resource***

Six carefully planned sessions with beautiful source materials take children aged 9-11 on an incredible journey of children's rights through the remarkable story of Thomas Coram and the beginnings of the first charity for children through to the work of contemporary Coram.

### ***Adoptables Schools' Toolkit: Raising awareness of the school experience of adopted children***

Produced alongside Coram's young 'Adoptable Ambassadors', this free downloadable toolkit with short films and interactive lesson plans aims to improve the school experience for adopted children and young people. It can be delivered within PSHE and Citizenship lessons to Key Stage 2 and Key Stage 3 pupils.



For a taster of our online materials, including our curriculum mapping tools and lesson plans, as well as full details of all our available modules, visit [coramlifeeducation.org.uk](http://coramlifeeducation.org.uk). You can also sign up to receive free lesson plans to try out.

## What teachers say

*“Provides children with a fun experience that teaches them key knowledge”*

*“The children were all encouraged and involved, and felt safe to ask questions and share their thoughts”*

*“What a treat to have such high-quality engaging resources at our fingertips. Thank you.”*

*“Takes the hard work out of planning. No trawling for or creating your own resources. Everything in one place!”*

*“The curriculum maps have made my life so much easier. CLE miraculously provided what we had spent ages trying to do.”*

**93%**

of teachers think Coram Life Education contributes to their school meeting Ofsted requirements for wellbeing

**98%**

of school leaders say Coram Life Education supports delivery of PSHE education

**83%**

of senior staff agree Coram Life Education improves the confidence of staff to deliver PSHE activities

Coram Life Education annual teacher survey, 2016/17



## What is Coram Life Education?

Coram Life Education is the UK's leading provider of children's health and wellbeing education and training, including PSHE.

We have 30 years of experience helping to educate, inspire, and prepare children and young people for future life. As part of the UK children's charity Coram, we constantly reinvest our income to ensure positive outcomes for children and young people.

We are trusted by one in eight primary schools across the country and reach 500,000 children every year through a

network of local delivery partners. As a charity, the funds we raise are reinvested into resources to help improve children's health and wellbeing.

## Find out more

Visit [www.coramlifeeducation.org.uk](http://www.coramlifeeducation.org.uk) or call **020 7520 0364** to find out what's available in your area and prices and options for your school.

Registered Charity No. 800727  
Registered Company No. 02328941

